



RULES AND REGULATIONS FOR WOMEN'S ALL IRELAND LEAGUE AND CUP 2018/19

1. GENERAL:

- 1.1. These regulations govern the **Women's All Ireland League and Cup** for 2018/19.
- 1.2. Each participating Club has indicated, by written acceptance, its wish to compete in the Women's All Ireland League and Cup and, thereby, to adhere to and be bound by, this and any other regulations which govern the competitions (including for the avoidance of doubt the Women's All Ireland League Participation Criteria).

2. Governing Provisions, Interpretation and Definitions:

- 2.1. The competition shall be called the Women's All Ireland League and Cup, hereafter for the purposes of these regulations referred to as "the League and Cup" .
- 2.2. Defined terms in this regulation shall have the same meanings as in the laws and regulations of the Union except where the context otherwise requires.

3. Administration and Management of the League and Cup

- 3.1. The Union shall appoint a League Sub Committee ("The League Sub Committee"), comprising a Chairperson, a representative from each of the four Branches of the Union, a representative of the Women's Committee and the Rugby Competition Manager [appointed by the Union.]
- 3.2. The League Sub Committee shall administer and manage the League and Cup.

4. Powers of the League Sub Committee

- 4.1. The League Sub Committee shall:-
 - 4.1.1. Have power to make decisions regarding the administration and management of the League and Cup.
 - 4.1.2. Have power to hear complaints as provided for in this regulation and to impose such sanctions as may be permitted by these regulations;
 - 4.1.3. Be entitled, at its discretion, to delegate to the Rugby Competition Manager (or in his absence such other person as may be nominated by the Union or such one or more members of the League Sub Committee as it may determine) such of its functions as it may decide.
 - 4.1.4. Any decision of such person or persons so delegated shall be as valid and effective as if made by the League Sub Committee.
- 4.2. Where the functions of the League Sub Committee are delegated to the Rugby Competition Manager he may at his absolute discretion:



- 4.2.1. make decisions himself;
 - 4.2.2. refer the matter to the Chairperson of the League Sub Committee to make the decision; or
 - 4.2.3. refer the matter to the League Sub Committee (of which he is a member) to make the decision.
- 4.3. Decisions of the League Sub Committee shall be communicated to such Club(s) as may be directly affected as soon as reasonably practicable.
- 4.4. The Union or the League Sub Committee shall have no liability to any Club or person arising from any negligence or failure by the Union or the League Sub Committee to ensure compliance with these regulations or in relation to any other failure in the administration or management of the League.

5. Complaints

- 5.1. A Club or the Rugby Competition Manager may make a complaint in relation to an alleged breach of these regulations by any Club or in relation to any matter arising out of the administration or management of the League and Cup, which complaint shall be in writing and shall be received by the Union not later than fourteen days from midnight on the date of the event giving rise to the complaint. If the complaint is in relation to a Women's Cup match, then the complaint must be received within 4 days from midnight on the date of the event giving rise to the complaint.
- 5.2. A Club may only make a complaint in relation to a matter that affects it directly and which causes it to suffer a disadvantage in the League and Cup or some other material form of prejudice.
- 5.3. Time shall be regarded as being of the essence in relation to the enforcement of the time limit under regulation 5.1.
- 5.4. For the avoidance of doubt, the fourteen day time period runs from the date of the actual event and not from the date of the Club becoming aware of the event giving rise to the complaint.
- 5.5. All complaints must be in writing and signed by the Rugby Competition Manager, or the Secretary of the Club as applicable and state the grounds of the complaint.
- 5.6. All complaints by Clubs in relation to these regulations must be accompanied by a payment of €500.
- 5.7. The onus of proof shall be on the Club or Rugby Competition Manager making the complaint to establish the breach or infringement of these regulations. The standard of proof shall be on the balance of probability.
- 5.8. The Union shall cause a copy of any valid complaint to be sent to any Club, or person directly affected as soon as is practicable after it has received the complaint.

6. Adjudication of Complaints

- 6.1. The Chairperson of the League Sub Committee shall be entitled to determine any pre-adjudication procedural or evidential issues or disputes, including whether or not to hold a hearing, without recourse to the other members of the League Sub Committee.
- 6.2. The Chairperson of the League Sub Committee shall:



- 6.2.1 Adjudicate on the matter himself as Chairperson or,
 - 6.2.2. Have the matter adjudicated on by the League Sub Committee (on which he shall act as Chairperson and have a casting vote).
- 6.3. Where a hearing is being held, the persons referred to in Regulation 6.2 shall be referred to as the "Hearing Committee" for the purposes of this Regulation 6 and shall adjudicate upon the complaint in accordance with the following procedures:
- 6.3.1 The Chairperson shall arrange for a hearing of such complaint with all convenient speed at such time and place as he may determine provided that any Club or person directly affected shall be given reasonable notice either in writing or orally to be confirmed in writing, of the time and place of such hearing.
 - 6.3.2 No person may be a member of the Hearing Committee who has made, or acted on any committee that has made, a decision that is the subject matter of the complaint or who is, or is a member of a Club that is, directly affected by the complaint.
 - 6.3.3. A Club or person appearing at a hearing before the Hearing Committee shall be entitled to be represented by not more than two persons (one of whom may be a legal representative provided that legal representation at the hearing shall not be permitted unless reasonable prior notice of such legal representation shall be given to the Hearing Committee and any Club or person directly affected by the complaint).
 - 6.3.4 The Hearing Committee shall permit any Club or person directly affected by a complaint to submit evidence, call witnesses and make representations at the hearing.
 - 6.3.5 Subject to the requirements of natural justice the procedures to be adopted at the hearing shall be entirely at the discretion of the Hearing Committee. The Hearing Committee shall be entitled to seek such advice as it may require, including specialist or legal advice. The costs of same shall be the costs of the proceedings.
 - 6.3.6 The Hearing Committee shall also be entitled to require a Club to submit, in advance, written submissions to the Hearing Committee, which shall set out the points and submissions that the Club will be seeking to rely on at the hearing. Any such submissions may at the discretion of the Hearing Committee be distributed to the other Club(s) participating at the hearing.
 - 6.3.7 The decision of the Hearing Committee shall be notified to all parties directly affected as soon as reasonably practicable and where appropriate confirmed in writing.
 - 6.3.8 All hearings shall be held in private, unless otherwise ordered by the Hearing Committee.
 - 6.3.9 The Hearing Committee shall be entitled, where the circumstances warrant, to adjourn or postpone a hearing as it thinks fit.

7. Provision of Information

- 7.1. Where the League Sub Committee, the Chairperson of the League Sub Committee or the Committee of Appeal requests a Club or person to provide information in relation to any



matter, a reasonable time limit may be imposed and notified for the provision of such information and in the event that such time limit is not complied with, the League Sub Committee or the Chairperson of the League Sub Committee or the Committee of Appeal (as may be appropriate) may deal with the matter in the absence of such information.

8. Appeals

- 8.1. An appeal shall lie from any decision of the League Sub Committee to the Committee of Appeal pursuant to Regulation 5 of the Union.
- 8.2. Where a decision is made pursuant to these regulations by the League Sub Committee which affects the League or Cup position of any Club, it shall not be permissible for any Club which was not involved in or did not participate in the match in respect of which the decision was made, to lodge an appeal against any such decision.

9. Sanctions

- 9.1. The League Sub Committee shall be entitled in its absolute discretion to impose all or any of the following sanctions or penalties on an offending Club:
 - 9.1.1. A caution, a warning as to future conduct, or a reprimand;
 - 9.1.2. A fine;
 - 9.1.3. The requirement to replay a match at such time and at such venue as is thought fit;
 - 9.1.4. The forfeiture of, and/or the granting to another club or clubs, of the competition points for a match; which may include a bonus point;
 - 9.1.5. The deduction of competition points;
 - 9.1.6. The suspension or expulsion of the Branch, Club, player or person for such period as may be deemed appropriate;
 - 9.1.7. Such other penalty or sanction as may be deemed appropriate;
 - 9.1.8. Make a decision as to payment of costs by a club.

10. Structure of League and Cup

- 10.1. The League shall comprise of one division made up of 8 teams, which shall play each other at home and away during the season.
- 10.2. The Cup shall comprise of clubs from the League and two clubs from each of the Provincial Qualifying Leagues, which are the top women's leagues in each of the Provinces. (See Appendix 3). Regulation 11.3 and 11.4 shall also apply to the Cup competition.
- 10.3. The position of a Club in a division shall be established by awarding four League points for a win, two League points for a draw and -2 points for conceding a match.
- 10.4. One bonus point shall be awarded to a Club scoring four or more tries in a match and one bonus point shall be awarded to a Club losing by 7 points or less.
- 10.5. A team in receipt of a conceded match shall be awarded 5 points.
- 10.6. If any team/s has/have failed to show its/their sustainability during the League or Provincial Qualifying Leagues then it/they may be excluded from the Cup and Subsidiary competitions.



- 10.7. The League Sub Committee, in consultation with the IRFU Women's Sub Committee, may invite other club(s), in addition to or in substitution for those clubs mentioned in 10.2, to participate in the Cup at their discretion.
- 10.8. If a club fails to fulfil a Cup fixture, it may be excluded by decision of the League Sub Committee in consultation with the IRFU Womens' Sub Committee, from playing any further Cup fixtures that season.
- 10.9. Any Club which concedes a walkover in the Cup will be excluded from competing in either the Plate/Shield/Bowl subsidiary competitions.
- 10.10. In a Cup match, and/or a Plate/Shield/Bowl match, where a team from the League plays a team from any lower league, the lower ranked team whereby U19 Law Variations may apply shall determine scrum Laws for the Cup competition.
- 10.11. In the event of Clubs at the top or bottom of a division being equal in League points gained, winning a division or section, promotion and relegation shall be decided on the basis of match points scored, the Club or Clubs at the top with the larger differences between "points for" and "points against" winning the division or gaining promotion, and the Club or Clubs at the bottom having the larger difference between "points against" and "points for" being relegated. In the event of two or more Clubs having the same number of League points and the same match points difference, then the Club or Clubs scoring the larger number of wins shall be preferred followed by the most draws and then the most tries. Thereafter, if two or more clubs are still tied, then the club that earned the most league points in the matches between the clubs shall be preferred. Then, and only then, if there is no difference, shall play-offs be arranged. Any position in the final League standings is determined by the same criteria as for promotion and regulation.
- 10.12. In the event of a draw in any knockout stages of the League, Cup, Shield, Bowl, Plate and/or Qualifying League playoffs, the following regulations will come in to effect.
- (i) If clubs are tied at full time, extra time of 10 minutes each way shall be played.
 - (ii) If still tied, the Club who has scored most tries shall be the winner
 - (iii) If still tied, the team who scored the 1st try shall be the winner.
 - (iv) If no tries have been scored, the team that scored the first points in the match shall be the winner.
 - (v) If the game is scoreless, penalty kicks shall be taken to decide the winner.

11. Promotion and Relegation at the end of the season

- 11.1. In the League, the top four clubs shall qualify for the league semi-finals to determine the League winner as per semi-final and final arrangements at the back of this document in the schedule of playoffs 2018/19. The 8th placed team will be relegated to the Qualifying League in their Province.
- 11.2. The four Provincial Qualifying League winners shall qualify to play in the All Ireland Provincial League Championship provided they have engaged with the IRFU Women's Sub-Committee about their readiness to step up to the Women's AIL. The winner shall be promoted to the League and will replace the 8th placed team in the League. All teams must have agreed prior to commencement of the Provincial Qualifying League Championship that should they win, they will participate in the following seasons' League.
- 11.3. No club shall have two teams in the League and/or Cup



- 11.4. If a League clubs 2nd team win their Provincial Qualifying League they are prevented from competing in any playoff matches to gain promotion to the League. If this should happen, the runner up team/next best team in the relevant Provincial Qualifying league shall gain the promotional spot.
- 11.5. Any team that forfeits one or more games in a season shall have their League status reviewed at the end of the season by the League Sub Committee after consultation with the IRFU Women's Sub Committee.

12. League Fixtures

- 12.1. Matches shall be played on dates decided by the League Sub Committee who shall arrange the fixture list for each season. Matches shall normally be played on **Saturdays (depending on fixtures outlined at the start of the year)** but the League Sub Committee shall have full power to arrange matches on other days and to alter previously fixed dates and venues should circumstances arise to warrant such alteration.
- 12.2. Matches shall kick off at **5pm on Saturday** (unless otherwise determined by the League Sub Committee). However, if for special reasons two Clubs mutually agree to an alternative date or kick off time; both Clubs shall apply in writing to the League Sub Committee by the Wednesday prior to the date of the match in question and obtain consent in writing from the League Sub Committee prior to the match.

13. Postponements, Re-Arrangements, Fitness of Ground

- 13.1. Only in very exceptional circumstances shall a League or Cup match be postponed and then only with the approval of the League Sub Committee or its nominee. When a League match is postponed or abandoned, unless there has been a failure to fulfil a fixture, it shall be played or replayed later in the season at the earliest available date, such date to be decided by the League Sub Committee or its nominee.
- 13.2. The League Sub Committee shall provide a list of nominated persons to act on the Ground Fitness Panel, as set out in the regulations, who shall be available for consultation when the fitness of a ground is to be considered. A Club which has doubt about the fitness of its ground shall contact the Ground Fitness Panel nominee of the League Sub Committee. This nominee will discuss the situation with the Club and if necessary visit and inspect the ground. Where there is doubt about the fitness of a ground and there is a reasonable prospect that with improved weather conditions the ground could be playable by kick off time, a decision on whether or not the pitch is playable shall be postponed until close to the kick off time. Matches may not be postponed on basis that the safety of the players might be prejudiced unless with the additional approval of the match referee.
- 13.3. The determination of the fitness of the ground shall be the responsibility of the member of the Ground Fitness Panel, whose decision shall be final. In the event of the appropriate member of the Ground Fitness Panel not being available on any occasion the League Sub Committee may nominate another person to act on the Ground Fitness Panel. The Ground Fitness Panel nominees will be advised to clubs prior to season starting.
- 13.4. In the event of a match having to be postponed, it shall be the responsibility of the home Club to inform (a) their opponents, (b) the referee and touch judges (c) the League Sub Committee as soon as possible. Failure to do so may result in the home



Club being liable for all or part of the expenses of their opponents and match officials.

13.5. Subject to the provisions of regulation 13.2 above where doubt exists as to the fitness of a ground, the home Club shall make early contact with the visiting Club as to its travel arrangements etc., in order that contact can be made prior to a Club commencing its journey.

13.6. Where it is known prior to a League or Cup match that a pitch is unlikely to be playable, the home Club shall endeavour to find a suitable alternative venue.

Player Registration and Eligibility

14. Registration of Eligible Players

14.1. On or before the 1st September in any year, each Club playing in the League shall submit to the Union a list of its eligible playing members who are registered with the appropriate Branch, complete with registration numbers. A person shall be registered as a playing member with one Club only. This list must be accompanied by signed participation agreement form to play in the League which can be found at the back of these regulations. (See Appendices 1 and 2).

14.2. The list may be amended to include;

14.2.1. Players registered for the first time.

14.2.2. Players entering adult rugby having attained the age of 18 years.

14.2.3. Special Dual Status players where a women's team no longer exists (subject to confirmation from Rugby Competition Manager).

14.2.4. Players transferring from one Club to another Club with the written consent of the former Club by the 1st October.

14.2.5. Players transferring from another Union.

14.2.6. Student players can register with both a student club (for student competitions only) and one other club side.

14.2.7. In exceptional circumstances the League Sub Committee may in their absolute discretion, on application in writing by the player supported by the consent in writing of both Clubs, agree to the player changing Clubs notwithstanding that the League has started and that the player has already played in the competition subject to such application being presented or submitted prior to the 1st January of any given season after the commencement of the competition.

14.3. Player must be 18 years of age to play adult rugby.

15. Cup Eligibility

15.1 Players who play with a club in the National Cup will not be eligible to play with any other club in this competition (including all subsidiary competitions, i.e. Plate/Shield/Bowl) including on a dual status basis.

16. Dual Status Players



- 16.1 The term “dual status” refers to a player who although a bona fide registered playing member of another Club in Ireland may play for a Club in the League and or Cup provided the following regulations are observed. A League Club shall be limited to selecting or playing not more than five such players in one season. Selection shall include players who are selected as replacements/substitutes for League and/or Cup matches.
- 16.2 Players can only play up the divisions. Players from higher division clubs shall not play for lower division clubs.
- 16.3 A League Club wishing to use the dual status principle shall follow the procedures set out below:
- 16.3.1 A request shall be made to the Secretary of the player’s Club on a match by match basis. When permission is obtained, an application shall be made in writing to the League Sub Committee at least forty eight hours prior to each match in which they intend to play, enclosing the written permission of the non-League Club.
- 16.3.2 The name/s of dual status player/s shall be indicated on the League or Cup team sheet (D/S). Taking in to account the electronic team sheets, if the player only exists as a guest player, as a last resort, managers should handwrite their name and IRFU PIN on the team sheet for the referee and opposition.
- 16.3.3 Dual status players shall satisfy regulation 14 relating to player eligibility.
- 16.3.4 A player shall only be a dual status member of one League Club in any one season.
- 16.3.5 A player cannot start two matches within 48 hours.
- 16.3.6 A player must have played in a minimum of 4 matches for their Dual Status club before they are eligible to play in knock out stages of the league/Cup.
- 16.3.7 A Dual Status player is eligible to play in Cup competitions subject to regulation 15.1.

17. Youths

- 17.1 Youths who have **not** reached their 18th birthday are ineligible to participate in any form of Adult contact (XV’s or 7s) rugby including the League and Cup, and any subsidiary competitions.

18. Referees and Touch Judges

- 18.1 Referees for the League and Cup matches shall be appointed by the Referee Committee of the Province of the Home club. Appointments for League and Cup finals shall be made by the IRFU’s Referee Committee.
- 18.2 Each club shall nominate a touch judge prior to kick off.
- 18.3 In the event of the referee failing to turn up for a League or Cup match or being unable to continue to referee a match and if no replacement can be agreed by both clubs, the match shall be abandoned with the match re-fixed at the same venue.
- 18.4 The referee after each match shall send to the Rugby Competition Manager the detailed result of the match and the team lists for both Clubs. The name or names of players or replacements deemed to be “dual status” players shall be indicated as



such on the team list.

- 18.5 Under Law 10 of the Laws of the Game the referee may caution an offending player that she will be sent off if she repeats the offence. This he/she will signify by producing a yellow card. Any complaint to a yellow card shall be notified by the player to the Rugby Competition Manager within one week of the date such yellow card was issued. If a player receives three yellow cards for foul play over a number of League and Cup matches in any given season she shall be required to attend a meeting of the IRFU Disciplinary Committee at which she may receive a suspension.

19. Players Sent Off the Field of Play or Cited

- 19.1 Players sent off or cited in League or Cup matches shall be dealt with under the Union's Disciplinary Regulations.

20. Conduct and Responsibility

- 20.1 Clubs participating in the League and Cup are responsible and accountable for the conduct of their players, officials, members and supporters in attendance at League and Cup matches.
- 20.2 Clubs, players, officials and members shall ensure that;
- 20.2.1 Matches are played in accordance with disciplined and sporting behaviour
- 20.2.2 None of the persons referred to in 20.1 engage in an act or acts of misconduct
- 20.3 For the purposes of the League and Cup misconduct shall mean conduct, behaviour or practices on or off the playing enclosure which may bring the game of rugby or the Union into disrepute or may be detrimental to the best interests of the Union or of the game in accordance with the Union Regulation 5.
- 20.4 Breaches of Regulation 20.1, 20.2 and 20.3 shall be dealt with under the Union's Regulation 5.
- 20.5 For the avoidance of doubt a Club or player may be sanctioned for misconduct even if a referee has already penalised one or more of its players for her or their conduct during a match.
- 20.6 Each participating Club shall be represented by registered members of the Club who are eligible pursuant to these regulations. Each Club shall play at full available strength in all matches unless some satisfactory reason is given.
- 20.7 No player may participate in the League or Cup while serving a disciplinary sanction imposed by the Union, by a Branch of the Union or by her Club.

21 Replacements and Substitutes

- 21.1 Clubs may tog out up to seven additional players, who may act as substitutes or replacements, subject to Law 3 of the Laws of the Game. A team should have five players who can play in front row positions, two of whom can play hooker and three of whom can play prop.

For Guidance the following table indicates the numbers of suitably trained and experienced players for the front row when nominating different numbers of players:



Number of Players	Number of suitably trained & experienced players
15 or less	3 players who can play in the front row
16, 17 or 18	4 players who can play in the front row
19, 20, 21 or 22	5 players who can play in the front row

- 21.2 Rolling substitution laws are applicable up to a maximum of 12 changes.
- 21.3 Scrums will become uncontested if either team cannot field a suitably trained front row or if the referee so orders.
- 21.4 A front row player whose departure has caused uncontested scrums **cannot be replaced**.
- 21.5 Exception: If the front row players' departure was caused by foul play against them, that player may be replaced.
- 21.6 Should a fixture start with uncontested scrums, the points for that fixture are conceded by the team who could not start with the number of suitably trained and experienced players in the front row.

22 Clash of Colours

- 22.1 In the event of a clash of colours, of which the referee is the sole judge, it shall be the responsibility of the home Club to change into a playing strip, which is significantly different in colours from the normal playing strip.

23 Team Sheets and List

- 23.1 Electronic team sheets (using the Esports system) will be in operation for the League and Cup.
- 23.2 Prior to the kick off, each Club shall be required to submit to the referee and the opponent Club its list of starting players and replacements / substitutes, correctly numbered. This list shall include each player's registration number and shall be an electronic team sheet. A player shall wear the jersey whose number corresponds to her number on the team list. The name/s of dual status players and/or replacements / substitutes and players who can play in the front row positions must be indicated by a **DS**/P/H as appropriate for Prop and Hooker. Failure to comply with this regulation may be the subject of a complaint by the opposing team, or the League Sub Committee and shall be dealt with accordingly.

24 Match Balls

- 24.1 The 'Gilbert Barbarian' ball shall be the official match ball to be used in the All Ireland League & Cup matches.

25 Post-Match Meal

- 25.1 All clubs must provide a hot post-match meal for all home fixtures. Clubs in close proximity may liaise with one another if both decide to forgo this regulation.



26 Finance

- 26.1 Gate receipts shall belong to the home Club, save in the case of the League or Cup Finals.
- 26.2 The away Club shall be responsible for its own travel and accommodation arrangements and expenses.
- 26.3 The home Club shall be responsible for all match expenses.
- 26.4 The Union shall provide financial assistance to Clubs participating in the League and Cup. The amount of such financial assistance shall be determined annually by the Union at its sole discretion

27 Trophies

- 27.1 Women's All Ireland League winner: Trophy and 25 medals.
- 27.2 All Ireland Cup Competitions: Trophy and 25 medals

28 Applicable Law

- 28.1 These regulations shall be governed by and construed in accordance with the Laws of the Republic of Ireland.

29 Unforeseen Circumstances

- 29.1 The League Sub Committee shall be entitled to make decisions on all matters not provided for in these regulations.
- 29.2 No proceedings pursuant to these regulations shall be quashed or held invalid by reason only of any defect, irregularity, omission or other technicality, provided there has been no miscarriage of justice.



SCHEDULE FOR PLAY-OFFS 2018/19 (**all dates subject to change*)

All Ireland League – Top Four

Semi Final **Saturday 13th April 2019**

Semi Final 1 Club placed 1st v Club placed 4th

Semi Final 2 Club placed 2nd v Club placed 3rd

- (i) If clubs are tied at full time, extra time of 10 minutes each way shall be played.
- (ii) If still tied, the Club who has scored most tries shall be the winner
- (iii) If still tied, the team who scored the 1st try shall be the winner.
- (iv) If no tries have been scored, the team that scored the first points in the match shall be the winner.
- (v) If still tied, the club who finished in the higher position in the League shall be the winner.

Final **Saturday 27th April 2019**

- (i) If clubs are tied at full time, extra time of 10 minutes each way shall be played.
- (ii) If still tied, the Club who has scored most tries shall be the winner
- (iii) If still tied, the team who scored the 1st try shall be the winner.
- (iv) If no tries have been scored, the team that scored the first points in the match shall be the winner.
- (v) If the final is scoreless, penalty kicks shall be taken to decide the winner.

All Ireland League – Promotion/Relegation

The 8th placed team in the AIL will be relegated to the Provincial Qualifying League in their Province.



Provincial Qualifying League Winners Play-offs (*all dates subject to change)

Semi- final **Sunday 14th April 2019**

Semi-final 1 Leinster v Munster
Semi-final 2 Connacht v Ulster

- (i) If clubs are tied at full time, extra time of 10 minutes each way shall be played.
- (ii) If still tied, the Club who has scored most tries shall be the winner
- (iii) If still tied, the team who scored the 1st try shall be the winner.
- (iv) If no tries have been scored, the team that scored the first points in the match shall be the winner.
- (v) If the semi-final is scoreless, penalty kicks shall be taken to decide the winner.

Final **Saturday 27th April 2018**

IRFU to choose venue

- (i) If clubs are tied at full time, extra time of 10 minutes each way shall be played.
- (ii) If still tied, the Club who has scored most tries shall be the winner
- (iii) If still tied, the team who scored the 1st try shall be the winner.
- (iv) If no tries have been scored, the team that scored the first points in the match shall be the winner.
- (v) If the final is scoreless, penalty kicks shall be taken to decide the winner.

All Ireland League – Promotion/Relegation

The winner of the Provincial Qualifying League Final will be promoted to the Women’s AIL.



APPENDIX 1

Club List of Eligible Players

Must be submitted by **21st September** prior to season commencing

(*add on extra rows as needed or send an alternative spreadsheet)

Players name and pin number is required for ALL those players playing in your club. There is no need to split players according to position or team they play with. Please do not include retired players. Please return by email to the IRFU Rugby Competition Manager.)

	CLUB	
	SIGNED BY:	DATE:
No.	Player's Name	Pin Number
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APPENDIX 2

Formal Acceptance by a Participating Club in Women's AIL

_____ RFC ("the Club") accepts the invitation to take part in the Women's All Ireland League and Cup for the season 2018/19 on the basis of the regulations governing the All Ireland League and Cup for this season a copy of which has been provided to the Club. The Club agrees with the Union as defined in the regulations, on its own behalf and on behalf of each member of its team, to observe all regulations and the decisions of the Union, the League Sub Committee, the Disciplinary Committee and the Committee of Appeal.

The Club agrees to be bound by the procedures set out in the regulations in respect of the regulations governing the Women's All Ireland League and Cup and any other regulations which relate to the Women's All Ireland League and Cup.

The Club accepts that the Union or League Sub Committee shall have no liability to the Club arising from any negligence or failure by the Union or the League Sub Committee to ensure compliance with these regulations and/or any other regulations which relate to the League and Cup or in relation to any other failure in the administration or management of the League and Cup.

The Club accepts that the decisions of the Committee of Appeals are final and binding on all parties and shall not be appealed to or reviewed by a court of law.

The Club will ensure that each member of its team is made fully aware of the regulations before the commencement of the League and Cup and that each or any member of its team will comply with such regulations.

SIGNED for _____ RFC for and on behalf of the Club and its Players in the presence of:

Name:
(Signature of duly authorised signatory)

Name:..... Position in Club Date:
(in block letters)

Witness Name:

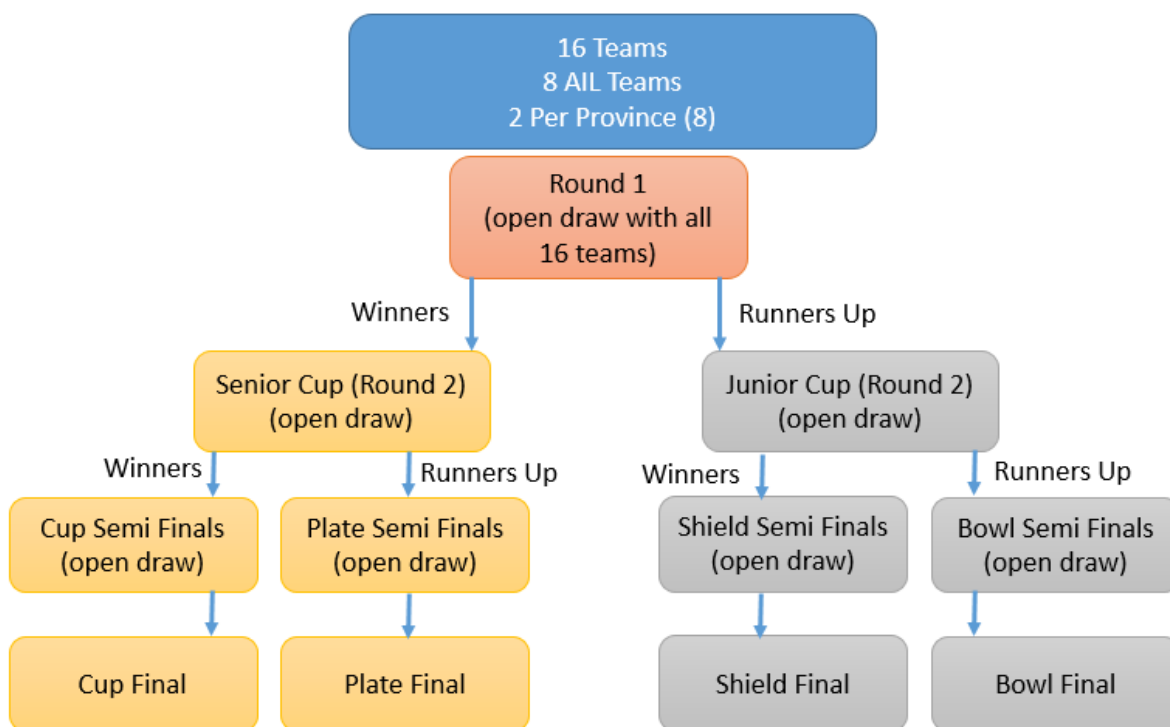
SIGNED on behalf of the Union
in the presence of:.....

Name:
(Signature duly authorised signatory)
Position in Union Date:



APPENDIX 3

WOMEN'S AIL CUP STRUCTURE 2018/19



The following shall apply in each of the above games if necessary, including Round 1.

- (i) If clubs are tied at full time, extra time of 10 minutes each way shall be played.
- (ii) If still tied, the Club who has scored most tries shall be the winner
- (iii) If still tied, the team who scored the 1st try shall be the winner.
- (iv) If no tries have been scored, the team that scored the first points in the match shall be the winner.
- (v) If the game is scoreless, penalty kicks shall be taken to decide the winner.