



# STANDARD APPROACH TO FIELD EMERGENCIES in Rugby

The SAFE Rugby Programme is a range of rugby specific emergency pitchside first aid courses aimed at medical and non medical personnel involved with club and school teams at any age level.

## Level 1

Designed for coaches, officials, referees, players, parents and guardians.

## Level 2

Designed for medical practitioners and allied health care professionals.

## Topics include:

- Irish Heart Foundation BLS/AED training
- Dealing with the unconscious player
- Head and neck injuries
- Concussion
- Fractures and joint injuries
- Common medical emergencies
- Match day preparedness

The course is practical in nature and most of the course will be spent practicing new skills and dealing with realistic field emergency scenarios.

The SAFE-Rugby Level One course is organised at various venues around each province on an ongoing basis. The course can be midweek or at weekends and it may be possible to run a course at your club/school.

For further information please contact:

### **Shane Mooney**

Player Welfare Coordinator

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For more information on SAFE-Rugby see our medical website: [www.irishrugby.ie/medical](http://www.irishrugby.ie/medical) or check out the booking website for details of upcoming courses: [bookings.irishrugby.ie](http://bookings.irishrugby.ie)



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## **Immediate Care in Sports Courses for Medical Practitioners, Physiotherapists and Allied Health Professionals**

**Are you a health professional providing your service to a club or a school?**

SAFE Rugby is a one day sports trauma course that equips you with the skills and knowledge to assess and manage the first minutes of any serious injury or illness in a sports setting.

**Aviva Stadium, Dublin,  
Sunday 10th September 2017**

**Register now at [bookings.irishrugby.ie](http://bookings.irishrugby.ie)**

shane.mooney@irfu.ie or 086 021 60 64 for information