IRFU Age Grade Rugby: Game Variations for Clubs & Schools – U13's to U19's 2010/2011

Age Category	U13	U14	U15	U16	U17	U18	U19
Max. Match Duration	60 min.	60 min.	60 min.	60 min.	70 min.	70 min.	70 min.
Injury time	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Extra time:	No	No	No	No	No	No	No
Ball size	4	4	4	5	5	5	5
Line out: Pre-grip	No	No	* No	Yes	Yes	Yes	Yes
Line out: Lifting	No	No	* No	On shorts only	Yes	Yes	Yes

*** Pre-grip & lift on the shorts allowed at Medallion level-Ulster Branch**

Scrum: Push	1.5m only	1.5m only	1.5m only	1.5m only	1.5m only	1.5m only	1.5m only
Scrum: Wheel & reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset	45 Degrees & Reset

If a forward is carded – opposition must reduce numbers – if a back line player is carded no reduction in forwards.

Must have the following format: Full scrum: 3-4-1 then 3-4 then 3-2-1 then 3-2

Ruck & Maul "Use or Lose"	Ruck – No Maul - Yes	Ruck – No Maul – Yes	Ruck – No Maul - Yes	Ruck – No Maul - Yes	Ruck – No Maul - Yes	Ruck – No Maul - Yes	Ruck – No Maul – Yes

Squeeze ball is not allowed in age grade rugby.

Yellow Card	Yes – 5min.	Yes – 5min.	Yes – 5min.	Yes – 5min.	Yes – 7min.	Yes – 7min.	Yes – 7min.
Red Card	Yes – Replace player if necessary	Yes – Replace player if necessary	Yes – Replace player if necessary	* Yes	Yes	Yes	Yes

*** This also applies at Medallion level – Ulster Branch. U13 to U15 - Player may be sent off, but compulsory substitutions to ensure the same numbers on the pitch.**

Incidents where players are ordered off (foul play) must be reported to the Branch for disciplinary procedures (if required). Clubs and or schools are responsible at all times for the behaviour of their players/ coaches and spectators.

Substitutes: Front row cover	See Law 3.5	See Law 3.5	See Law 3.5	See Law 3.5	See Law 3.5	See Law 3.5	See Law 3.5
Substitutes: Blood	Yes	Yes	Yes	Yes	Yes	Yes	Yes